

Learning Style Assessment Sheet

Circle the answer that best explains your preference:

1. Recall a time in your life when you learned how to do something like playing a new board game. How did you learn best? By:
 - V) visual clues – pictures, diagrams, written instructions
 - A) listening to somebody explaining it
 - K) experimenting, trying it out

2. You are having difficulty finding your way to your hotel in the city where you have stayed only a few days. Do you:
 - K) drive around the city and try to find a familiar landmark?
 - A) ask directions?
 - V) look at a map?

3. You need to learn to use a new program on a computer. Would you:
 - K) ask a friend to walk you through it?
 - V) look at the manual that comes with the program?
 - A) telephone a friend and ask questions about it?

4. You are not sure whether a word should be spelled “dependent” or “dependant”. Do you:
 - V) picture the word in your mind and chose the one that looks right?
 - A) sound it out in your mind?
 - K) write both versions down and pick the one that feels right?

5. Do you prefer a lecturer/teacher who likes to use:
 - V) flow diagrams, handouts, slides?
 - K) field trips, practical sessions?
 - A) discussion, guest speakers?

6. You have purchased an item that requires assembly. Would the easiest way for you to figure out how to put it together be to:
 - A) listen to a tape describing the steps you need to take?
 - K) start putting it together and assemble it through trial and error?
 - V) watch a video/DVD of it or read printed instructions?

7. You are taking care of a friend's house while he or she is on holiday. You need to quickly learn how to take care of your friend's pets. Is it best for you to:
- V) watch someone do it?
 - A) get instructions and discuss it thoroughly?
 - K) have someone walk you through it?
8. A person gives you a very important number to remember. To be sure that you will remember it, would you:
- A) repeat it to yourself or someone else?
 - V) make a mental picture of it?
 - K) write or type it several times?
9. You have to make an oral presentation to a small group. Are you most comfortable that you will be able to make this presentation when you have:
- A) a good sense of the basic tone and words you want to communicate?
 - V) diagrams and notes that you can look at during the presentation?
 - K) rehearsed the presentation a number of times?
10. To acquire a new skill do you most prefer to:
- A) hear a description and ask questions?
 - V) see diagrams and watch demonstrations?
 - K) do exercises?